

FAMILY FOCUS

The KIT staff, residents, and families work as partners in treatment. We have demonstrated the ability to engage, cultivate, and maintain a youth's connections to family and natural supports, as we promote family contact, involvement, and visitation. We offer weekly family therapy to facilitate reunification and to improve relationships with family members. KIT is committed to making family treatment accessible for every family, and KIT therapists often arrange evening or weekend sessions for parents with daytime obligations. In addition to weekly contact with the child's therapist, parents are encouraged to attend and participate in the monthly treatment team meeting.



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The Kids in Transition Program is located in Camden NJ at the Virtua Health Complex, with easy access to I-295, US-130, the New Jersey Turnpike, the Atlantic City Expressway, and Philadelphia.



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**RESIDENTIAL
TREATMENT CENTER**
FOR ADOLESCENT MALES AGE 13-17

ABOUT THE PROGRAM

Opened in May of 2005, the Kids in Transition (KIT) Program provides specialty residential treatment in a highly structured environment to children with emotionally and behaviorally complex challenges. KIT is a part of the CFG Health Network.

KIT strives to prepare boys for a successful transition back into their families and home community or other permanent setting by providing consistent care and a safe place for a healing experience. At the heart of the KIT Program treatment philosophy is our firm belief that the foundation upon which all positive growth and change occurs is a sense of internal security which is strengthened by healthy attachments and relationships. KIT uses a multidisciplinary approach to address the complex needs of each child, building upon his strengths towards success.

Our treatment team is committed to providing unparalleled clinical services. The team members include a Board Certified Child, Adolescent and Adult Psychiatrist, licensed clinical social workers, a registered nurse, a school principal, certified special education teachers, behavior care specialists, parents, guardians, community providers, and other clinical support staff.



TREATMENT COMPONENTS

- ★ 24-hour supervision by enthusiastic and dedicated staff specially trained to work with youth with behavioral and emotional needs
- ★ Weekly Individual and Family Therapy by licensed social workers
- ★ Daily Group Therapy led by licensed social workers, behavior care specialists and nursing staff
- ★ Milieu Therapy
- ★ Recreation Therapy with frequent therapeutic, vocational, leisure and community based activities
- ★ Structural Family Therapy
- ★ Cognitive Behavioral Therapy
- ★ Behavior Modification
- ★ Advocacy and referral services to support youth and families and connect them with resources in the community
- ★ Individualized treatment planning and case management services using a strengths based approach to maximize success for youth
- ★ Creative treatment techniques to meet the unique needs of children with various behavioral and psychiatric needs
- ★ Comprehensive Psychiatric Services, including evaluation, diagnosis, crisis intervention and prevention, medication evaluation, and management
- ★ On-site access to Comprehensive Professional Medical Health Care Services, including routine medical care, vision, dental, and emergency medical care
- ★ High staff to child ratios

- ★ A structured daily program
- ★ Weekend / home visits are encouraged and supported when appropriate
- ★ Year round Education on site
- ★ Use of Innovative Based Technology such as Virtual Reality
- ★ Discharge planning that begins at the time of admission
- ★ Follow up on youth after discharge to assist with engagement in aftercare treatment. Our team goes to great lengths to ensure a smooth transition and encourage continuity of care

ADMISSIONS / REFERRALS

KIT serves 12 adolescent boys between the ages of 13 and 17. Referrals can be made by a Care Management Organization (CMO), Youth Case Management (YCM) or The Division of Youth and Family Services (DYFS) with the approval of the Division of Child Behavioral Health Services (DCBHS).

KIT provides treatment to the most vulnerable, high risk youth who meet the Specialty Services Criteria through DCBHS with a full scale IQ above 55. Call KIT directly to learn more information about the program.

